

e-Poster Guidelines

You may use PowerPoint, which can be converted to PDF.

- ★ e-Posters should be in one of these formats: PowerPoint, PDF, or JPG.
- ★ The e-Poster consists of one page only.
- ★ During the submission process, you will be asked to list the logical reading sequence (or sections) of your poster (Title, Introduction, Aim, Methods, Results, Conclusion, Acknowledgements, etc.).
- ★ We will transform your poster into a high-resolution image, 4000 pixels wide.

Information Specific to e-Posters

Once your poster is uploaded and processed by us, you will receive a notification by email within one week to review your ePoster before the Congress.

Poster Format:

- ★ Landscape format is highly recommended.

Poster Template Files

| | |
|--|--|
| <div>Insert Congress Logo here</div> <div>Poster Title</div> <div>Insert your Logos</div> | |
| <div>BACKGROUND</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>OBJECTIVES</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>MATERIALS & METHODS</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>SUMMARY</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>CONCLUSIONS</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>REFERENCES</div> <div>Copy and paste your text content here, adjusting the font size as fit.</div> | |
| <div>RESULTS</div> <div> <div> </div> <div> </div> </div> <div> <p>Copy and paste your text content here, adjusting the font size as fit.</p> <p>Copy and paste your text content here, adjusting the font size as fit.</p> </div> | |

Helpful Tips for Inserting Graphs or Images

Before using the following procedure (your graphs may be created in Microsoft® Publisher or Excel) follow:

Image embedding procedure: After you select the image (2D, 3D screen resolution), and insert in the right click on it and select **Format Picture**. Then the **Embed in worksheet** comes up, click on **Yes** and check **Embed**. The image will embed better if it is small and height ratio is at 25:40 or more (200% or 300% min.).

If the ratio of the image is higher than 20:30, the image will not fit in larger size (more than 20000) image if possible (Note: This should not be done manually stretching the image to a larger size).

If the resolution of the image is 300 dpi or higher, it will embed well, then check to make sure to scale not higher than 1000%.

To resize an image: Click on the image, hold the left mouse button and drag the bottom right corner to resize the image in proportion.

(Delete this box when inserting your text or image; this is only a reminder)

Helpful Tips for Title/Headers Bar color

How to change the background color for the poster title and headers:

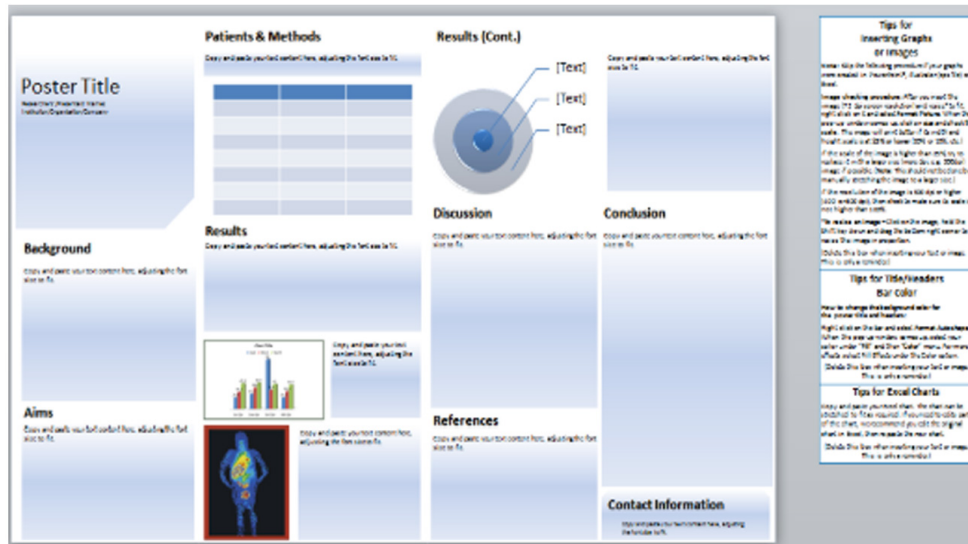
Right click on the bar and select **Format Background**. Then the **Format Background** window will pop up, select under **Fill** and then **Color**. Then select the color you want to use for the header.

(Delete this box when inserting your text or image; this is only a reminder)

Helpful Tips for Excel Charts

Copy and paste your text content here, the chart can be embedded in the worksheet. To embed in the worksheet, right click on the chart, then **Copy**, then **Paste** the chart into the worksheet.

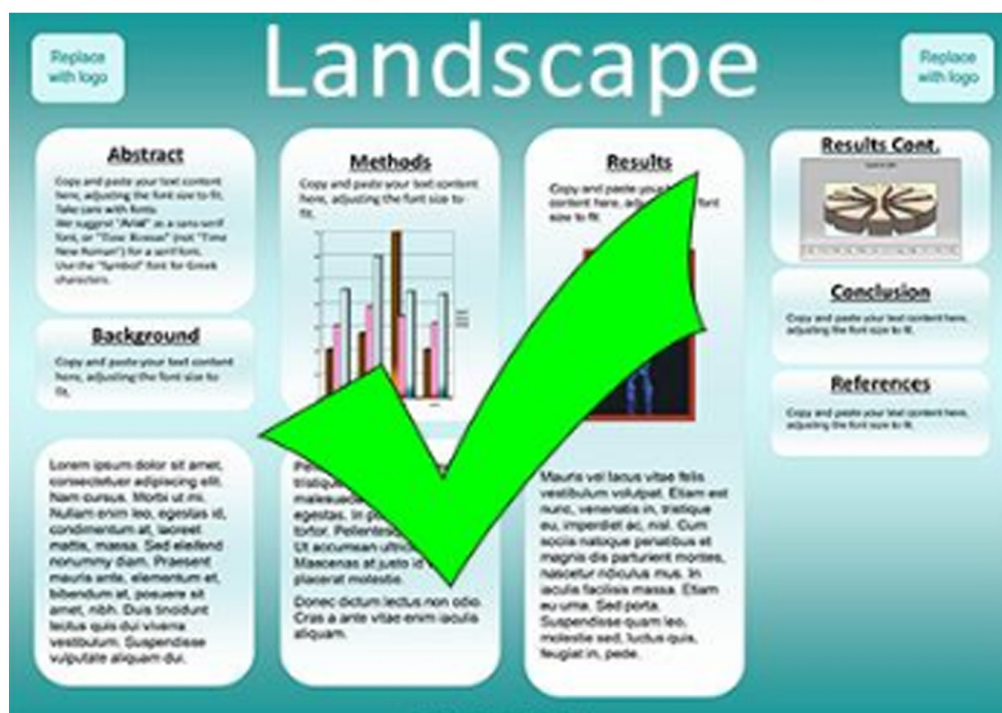
(Delete this box when inserting your text or image; this is only a reminder)

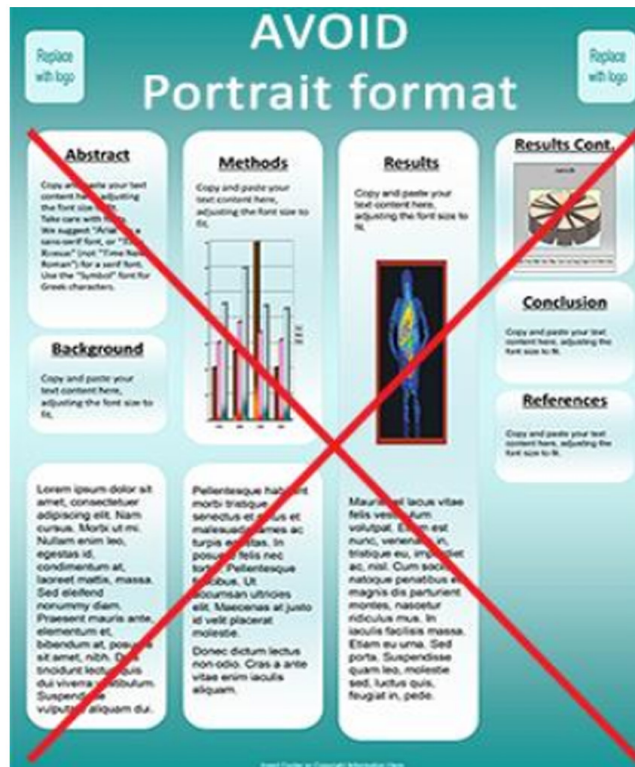


What You Need to Know?

- ★ Use PowerPoint or any program that can be converted to PDF.
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- ★ During the submission process, you will be asked to write the logical reading sequence (or sections) of your poster (Title, Introduction, Aim, Methods, Results, Conclusion, Acknowledgements, etc.).
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ePoster Format (For best viewing experience)





Make sure your poster file is in full landscape format.

It is **strongly recommended** to use a size of 122 cm wide x 91 cm high, with a simple and clear typeface (Arial, Arial Black, Calibri...) and regular text size not less than 28 for the body of the different sections (depending on the amount of data you will be adding and, of course, the design you are using).

For images, pictures, or graphs, the suggested resolution is 300 dpi. To ensure they appear correctly on the final/printed version, zoom in at 100% and check the images, pictures, and graphs. It is better to use high-quality images/graphs when creating the poster and then convert it to PDF (as PDF files can be compressed).

Provide clear labels or headings for each section of your presentation to avoid confusion.

Color:

- ★ On light backgrounds (white, yellow, light blue), use dark fonts (black, navy blue, dark green).
- ★ On dark backgrounds (blue, purple), use light fonts (white, yellow, cyan, etc.).

Try to Avoid:

- ★ Having a total file size that exceeds 10 MB (although our system will still accept it).
- ★ Using red or green in fonts or backgrounds, as these colors are difficult to read.
- ★ Full-width sections, as they will be very difficult to read when divided into sections, even when zoomed in.
- ★ Manually stretching images, as they will lose quality once zoomed in.